

Let folks know what should go into a Go-Bag / Basic Emergency Supply Kit:

Basic supplies

- ☐ Water- one gallon per person per day, for up to several days (glass or steel recommended over plastic)
- ☐ Food- at least a several-day supply of non-perishables
- ☐ Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert
- ☐ Flashlight
- ☐ First Aid Kit
- ☐ Extra batteries
- ☐ Pocket knife / scissors
- ☐ Whistle (to signal for help)
- ☐ Dust mask (to help filter contaminated air)
- ☐ Plastic sheeting and duct tape (to shelter in place)
- ☐ Moist towelettes, garbage bags, and ties (for personal sanitation)
- ☐ Wrench or pliers (to turn off utilities)
- ☐ Manual can opener (for food)
- ☐ Local maps
- ☐ Cell phone with chargers and a backup battery

Additional emergency supplies

- ☐ Prescription medications and other medications such as pain relievers
- ☐ Eyeglasses or contact lens solution
- ☐ Infant formula, diapers, bottles, wipes, and rash cream
- ☐ Pet food and extra water
- ☐ Cash or traveler's checks
- ☐ Important family documents such as copies of insurance policies, identification, bank account records, saved electronically and/or in a portable waterproof container
- ☐ Sleeping bag or warm blanket
- ☐ Complete change of clothing and sturdy shoes
- ☐ Fire extinguisher
- ☐ Matches in a waterproof container
- ☐ Menstrual products
- ☐ Personal hygiene items such as toothbrush, toothpaste, shampoo
- ☐ Paper cups, plates, napkins, utensils
- ☐ Paper and pencil
- ☐ Books, games, puzzles, or other activities for children
- ☐ N95 masks
- ☐ List of medical devices and supplies and dosages

*Keep an emergency kit at home, work, and in your car